

Moore County Parks & Recreation
Youth Basketball League Rules
9-10 & 11-12 Boys and Girls

Article I: Player Eligibility

- A. The Moore County Parks and Recreation Youth Basketball League is for Boys and Girls Ages 9-12.

The age cut-off date is October 16th of the current year. Players are put in age divisions based on the age as of this date. Proof of age is required on each participant. Teams are formed based on where the participant attends school.

Article II: Rules and Regulations

- A. **Every player on each team must play at least one full quarter each game.**
This will be done as follows:

The five players who begin the first quarter must remain in the game for that whole quarter except for the following situations: (a) player injury, (b) player is removed because of conduct by the referee (c) fouls out. In the final 3 quarters, a combination of new players and those who have already played may be used. Free substitution will be allowed among those who have already participated in their full quarter. Any player removed from the game due to sickness; cannot re-enter the game.

1. A team may start with only four (4) players if there are not five (5) players present at game time. If the fifth player arrives after the game has begun, they may enter the ballgame at the next dead ball. All players on team roster must be entered in scorebook prior to game, regardless if they are present or not. The Penalty for a player showing up and not listed in the scorebook will be a technical foul.
2. In the situation that a player is not attending practices but comes to the games, the coach should contact the Parks & Recreation office so that Parks and Recreation can get up with the parents to see what the problem might be. Coaches do not have the right to sit a player out of a game.
3. Length of Games:
All Leagues will play four (4) –six (6) minute quarters. All leagues will play 2-minute overtime, if needed. **If tied after overtime, game ends in a tie.**
There will be five (5) minute warm-ups before each game. Half-time will be five (5) minutes: unless there is a cheerleading squad present at the game. Then the cheerleaders will get five (5) minutes to perform. Players warm up time is reduced to three (3) minutes before the third quarter begins.
If no Cheer Squads are at the game, then the five (5) minute half time begins immediately.
4. The clock will run continuously during games, except in the following

circumstances:

- (a) Foul shots
- (b) Player injury
- (c) Jump ball is called
- (d) Time-outs
- (e) During the last two (2) minutes of the fourth quarter and all overtime periods, the clock will stop every time the whistle blows.

5. In Ages 9-10 & Ages 11-12, defenders may play defense once the ball crosses half court. Backcourt defense **will not** be allowed; the first offense will be a team warning; all other occurrences will result in a **one-shot technical foul** on the team.
 - (a) In Ages 11-12, full court press can start at the one (1) minute mark left in the game. If a team is up by 10 points at the minute mark, neither team can press the rest of the game.
6. With less than one (1) minute left to play in the game; if time out is called in the backcourt, the ball will be put in play in the front court.
7. Each team is entitled to (2) two charged time-outs per half during a regulation game. Time-outs not used during the first half do not carry over. During the overtime period, both teams will receive one (1) additional time-out. Those time-outs not used in the second half do carry over to the overtime period. Each time-out is 45 seconds.
8. Free throws will be taken two (2) feet in front of the regulation high school foul line in 9-10 boys' and girls' leagues. The 11-12 boys' and 11-12 girls' leagues will shoot from the regulation high school line.
9. Three-point field goals will be counted in the 11-12 boys' and 11-12 girls' leagues only.
10. When a team has two (2) scheduled games in a week, that team is not allowed to practice during that same week. (A week is defined as Sunday thru Saturday). If your team is not going to practice, please call the gym open/close person to notify them so that they are not waiting on you to show up.
**No Practice dates for school holidays are:
 - Veteran Day
 - Thanksgiving
 - Christmas/New Years
 - Martin Luther King
11. Only the head coach and assistant coach are allowed on the bench. **Only one (1) coach on the bench is permitted to stand during the ballgame.**
12. Each team is required to get a sponsor for their team shirts. No sponsor phone numbers or logos are allowed on uniforms.
13. Coaches Line: The coach's box will be the white lines on the floor restricting him/her from standing in the way of the clock/scorekeeper.

14. No Coach will be allowed to participate wearing tee shirts or hats advertising tobacco products, alcohol products, illegal drug products, or tee shirts with obscene or vulgar language printed on it.
15. If a parent wants to discipline their child for personal reasons by sitting him out of a game, they must contact the Athletic Staff at the Recreation office prior to the game. If after 5:00pm, the parent should speak with the gym supervisor.
16. No Jewelry (earrings, necklaces, bracelets, etc.), Ponytail holders are allowed, but must not contain any metal. No beads or metal clasps are allowed.

Article IV: Sportsmanship

- A. It is the primary goal of this program to develop good sportsmanship attitudes in its participants. As coaches, it is your responsibility to set a good example for your players and parents. Any coach, assistant coach, scorekeeper or anyone else in the dugouts ejected from a game for any reason must leave the park. If this person does not leave the park, the game will not be resumed until the ejected person leaves the playing field or dugout area. The ejected person is also subject to a two (2) game suspension. After further investigation by the Moore County Parks and Recreation Department, a more severe penalty may be imposed on any person that gets ejected from a game. It is our intention for this to be a fun and enjoyable league for all participants. Let's teach fundamentals of baseball and let them have fun.
- B. Any coach, player or spectator who physically abuses any official will be banned from all Parks & Recreation activities for one year and are subject to criminal punishment. Parks & Recreation officials are defined as:
 - (1) Staff personnel
 - (2) Referees
 - (3) Gym supervisors
 - (4) Clock-keepers
 - (5) Scorekeepers

Moore County Parks and Recreation reserves the right to change, add or delete any rule or regulation for the benefit of the League and its players. All head coaches will be notified of any rule changes.