

# Your Guide To Long Term Care Communities & Options In Moore County

A collaborative effort by the Moore County  
Department of Aging, Long Term Care Communities,  
and MooreHealth, Inc.



Moore County Department of Aging  
8040 US Hwy. 15/501  
West End, NC 27376  
(910) 947-4483

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## Assisted Living Communities

A non-medical institution for people requiring assistance with activities of daily living, provides: <ul style="list-style-type: none"> <li>➤ <b>Room</b></li> <li>➤ <b>Board</b></li> <li>➤ <b>Laundry</b></li> <li>➤ <b>Some forms of personal care</b></li> <li>➤ <b>Recreational activities</b></li> </ul>	Beautician/Barber	Cable Included	Emergency Call System	Fitness Activities	Kitchenettes	Laundry Services Incl.	Medicaid	Medical Director On-Site	Personal Pets allowed	Religious Services	RN On-Site	Secured Special Care Memory Unit	Short-term Respite
<b>Brookdale Senior Living</b> *(5) 17 Regional Drive, Pinehurst, NC 910-235-0700	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓
<b>The Coventry</b> *(4) 105 Gossman Drive, Southern Pines, NC 910-246-1062	✓	✓	✓	✓	✓	✓		✓		✓	✓		
<b>TerraBella Alzheimer's Residential Care</b> *(9) 115 Brucewood Road, Southern Pines, NC 910-695-1277	✓		✓	✓		✓			✓	✓		✓	✓
<b>TerraBella Assisted Living</b> *(10) 101 Brucewood Road, Southern Pines, NC 910-692-4928	✓		✓	✓	✓	✓			✓	✓			✓
<b>Magnolia Gardens</b> *(14) 594 Murray Hill Road, Southern Pines, NC 910-692-6311	✓	✓	✓	✓		✓	✓	✓	✓	✓		✓	✓
<b>Fox Hollow of Pinehurst</b> *(7) 190 Fox Hollow Ct, Pinehurst, NC 910-695-0011	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓
<b>Penick Village</b> *(11) E. Rhode Island Ave, Southern Pines, NC 910-692-0300	✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓
<b>Seven Lakes Assisted Living and Memory Care</b> 292 MacDougall Drive, West End, NC (910) 673-2045	✓	✓	✓	✓		✓	✓			✓		✓	✓
<b>Tara Plantation of Carthage</b> *(1) 820 S. McNeill Street, Carthage, NC 910-947-5888	✓		✓	✓		✓	✓	✓		✓		✓	

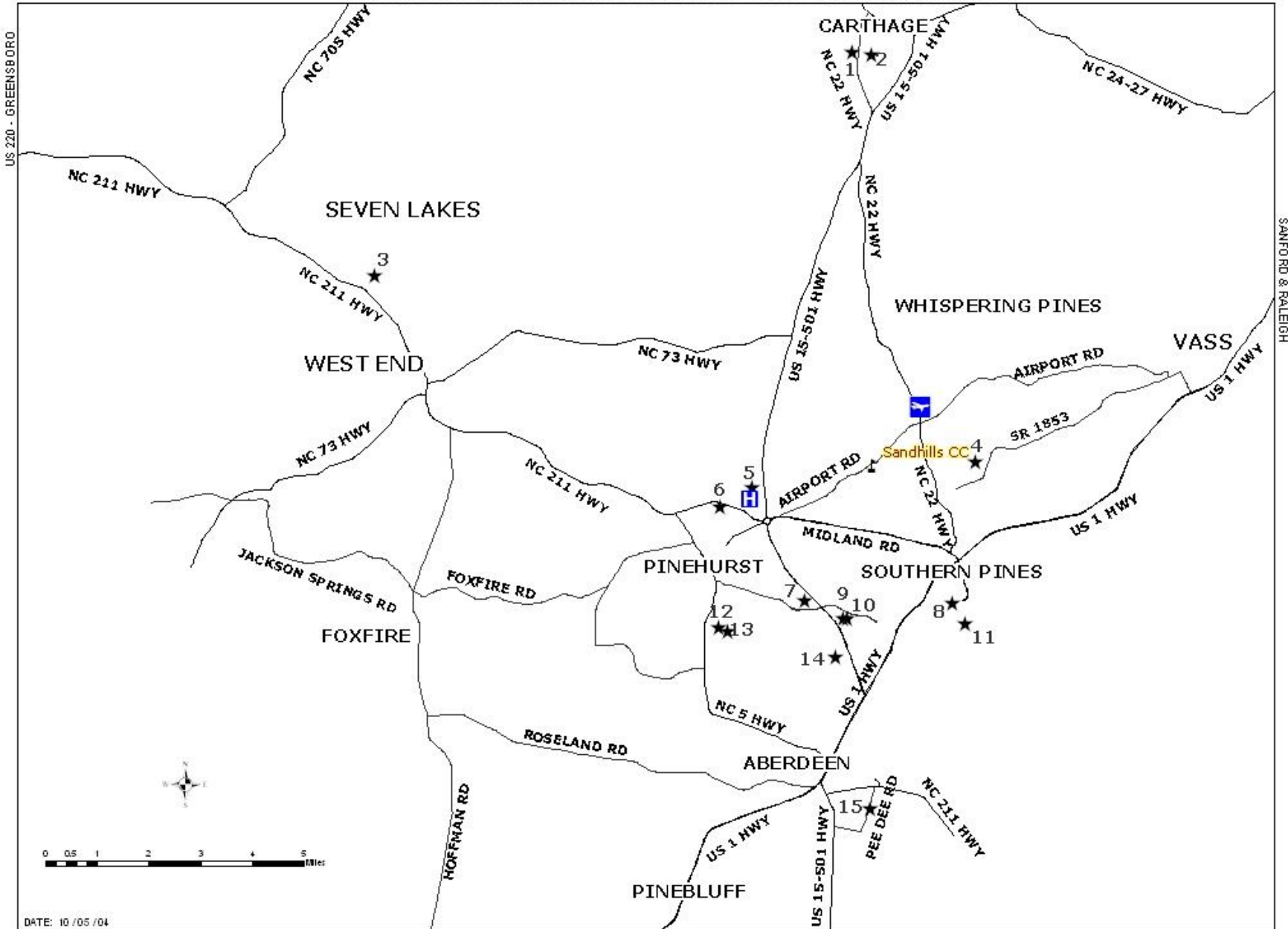
## Nursing Homes/Facilities

A licensed facility with staff and equipment to give 24 hour a day nursing care and/or rehabilitation services and other related health services.	Beautician/Barber	Cable Included	Laundry Service Included	Medicaid	Medicare	Pet Visits Allowed	Private Rooms Per Availability	Religious Services	Secured Special Care Unit	Separate Rehab Unit	Short-term Respite	Total Number of Beds
<b>Accordius Health at Aberdeen</b> *(15) 915 Pee Dee Rd Aberdeen, NC 910-944-8999	√	√	√	√	√	√	√	√	√	√	√	100
<b>Penick Village</b> *(11) E Rhode Island Ave. Southern Pines, NC 910-692-0300	√	√	√	√	√	√	√	√			√	50
<b>Pinehurst Healthcare &amp; Rehab Ctr.</b> 300 Blake Blvd. *(13) Pinehurst, NC 910-295-6158	√		√	√	√	√	√	√			√	144
<b>Peak Resources Pinelake Health and Rehab Center</b> *(2) 801 Pinehurst Ave. Carthage, NC 910-947-5155	√		√	√	√	√	√	√	√		√	90
<b>The Greens at Pinehurst Rehabilitation &amp; Living Center</b> *(6) 205 Rattlesnake Trail Pinehurst, NC 910-295-1781	√	√	√	√	√	√	√	√		√	√	120
<b>The Inn at Quail Haven Village</b> *(12) 155 Blake Blvd. Pinehurst, NC 910-295-2294	√	√	√	√	√	√	√	√		√	√	60
<b>St. Joseph of the Pines Health Ctr.</b> 103 Gossman Dr. *(4) Southern Pines, NC 910-246-1000	√	√	√	√	√	√	√	√	√	√	√	176

## Continuing Care Retirement Communities

<p>A retirement community offering a broad range of services and levels of care based on what each resident needs over time. Sometimes called "life care," they can range from independent living in an apartment to assisted living to full-time care in a nursing home. Residents move from one setting to another based on their needs.</p>	<p><b>Rental</b></p>	<p><b>Life Care Endowment</b></p>	<p><b>Continuing Care Endowment</b></p>
<p><b>Quail Haven Village</b> *(12) 155 Blake Blvd. Pinehurst, NC 910-295-2294</p>	<p>✓</p>		
<p><b>Penick Village</b> *(11) E. Rhode Island Ave. Southern Pines, NC 910-692-0300</p>			<p>✓</p>
<p><b>St. Joseph of the Pines</b> *(4) 100 Waters Drive Southern Pines, NC 910-246-1000</p>		<p>✓</p>	

MAP PREPARED BY GIS DIVISION OF MOORE COUNTY PLANNING & COMMUNITY DEVELOPMENT DEPARTMENT



DATE: 10 / 05 / 04

SOURCE: Z:\PROJECTS\DEPT\GIS\LOCATIONS\MAP.MXD

US 1 - ROCKINGHAM

ROCKINGHAM

LAURINBURG

LUMBERTON - I95  
FAYETTEVILLE via US 401

## Map Legend

1	Tara Plantation	820 S. McNeill Street	Carthage
2	Pinelake Health & Rehab Center	801 Pinehurst Avenue	Carthage
3	Seven Lakes Memory Care	292 MacDougall Drive	West End
4	St. Joseph of the Pines	103 Gossman Drive	So. Pines
5	Brookdale Senior Living	17 Regional Drive	Pinehurst
6	The Greens at Pinehurst	205 Rattlesnake Trail	Pinehurst
7	Fox Hollow	190 Fox Hollow	Pinehurst
8	Southern Pines Manor	605 N. Bennett Street	So. Pines
9	TerraBella Alzheimers Care	103 Brucewood Road	So. Pines
10	TerraBella Assisted Living	101 Brucewood Road	So. Pines
11	Penick Village	100 E Rhode Island Ave	So. Pines
12	Quail Haven Village	155 Blake Blvd	Pinehurst
13	Pinehurst Healthcare & Rehab Center	300 Blake Blvd	Pinehurst
14	Magnolia Gardens	594 Murray Hill Road	So. Pines
15	Accordius Health at Aberdeen	915 Pee Dee Road	Aberdeen

# **Glossary of Terms**

## **Activities of Daily Living (ADL's)**

A term used to describe basic self-care tasks that are a part of most people's regular day, such as bathing, dressing, grooming, moving around the house, and eating. ADLs are widely used to assess individual functioning status.

## **Adult Care Homes**

An assisted living residence in which the housing management provides 24-hour personal care services to two or more residents, either directly or, for scheduled needs, through formal written agreement with licensed home care or hospice agencies. Some licensed adult care homes provide supervision to persons with cognitive impairments whose decisions, if made independently, may jeopardize the safety or well-being of themselves or others and therefore require supervision. Adult care homes that provide care to two to six unrelated residents are commonly called family care homes. Adult care homes and family care homes are subject to licensure by the Division of Facility Services.

## **Alzheimer's Disease**

A progressive, degenerative disease that attacks the brain and results in impaired memory, thinking, and behavior.

## **Assisted Living Facility (ALF)**

A residential living arrangement that provides meals, housekeeping, transportation, individualized personal care and health services for people who require assistance with Activities of Daily Living. The types and sizes of facilities vary from a small home to a large apartment-style complex; individual units range from single rooms to multi-bedroom apartments. They also vary in the levels of care and services that can be provided. Assisted living facilities offer a way to maintain a relatively independent lifestyle and more privacy for people who don't need the level of care provided by nursing homes. In most cases, assisted living residents pay a regular monthly rent for room and board, plus additional fees for the services they receive.

## **Cognitive Impairment**

A term that refers to damage or loss of intellectual or mental functioning. The act or process of "knowing", including awareness or judgment, is impaired. Alzheimer's Disease is the most common cause of cognitive impairment among older adults.



**Community Advisory Committee (CAC)**

Members are community citizens who are appointed by the local board of county commissioners to work to maintain the spirit of the Residents' Bill of Rights as well as promote community education and awareness of the operation of long term care facilities in that county and the needs of the persons residing in these homes.

**Continuing Care Retirement Community (CCRC)**

A retirement community that offers a broad range of services and levels of care based on what each resident needs over time. Sometimes called "life care," it can range from independent living in an apartment to assisted living to full-time care in a nursing home. Residents move from one setting to another based on their needs.

**FL-2**

Form which gives a summary of the patient's medical requirements and which reflects the attending physician's recommendation for the level of care needed in an institutional setting.

**Guardianship**

The legal authority and duty given by the court to a person (guardian) for the purpose of assuming responsibility for the care and maintenance of another person (ward), who has been determined incapable of handling his/her own personal affairs. The powers and authority conferred upon a guardian depend on what type of guardianship is granted by the court.

**Instrumental Activities of Daily Living (IADL's)**

Basic tasks that are essential to living independently, such as cooking meals, housekeeping, laundry, paying bills, shopping, and using the telephone.

**Intermediate-Level Care**

A level of care in a nursing facility that provides 24-hour assistance, with a minimum of eight hours of coverage daily by a licensed nurse, but no requirement for 24-hour skilled nursing services. Medicaid pays for skilled and intermediate care. Medicare pays only for skilled care.

## **Long Term Care Ombudsman**

A professional who serves as an advocate for long-term care residents of nursing homes and adult care homes. Advocacy includes educating individuals about their rights and complex rules or regulations governing the long term care system. An Ombudsman can be requested to investigate concerns and serve as a mediator for conflict resolution should a resident encounter difficulty exercising rights. The Long Term Care Ombudsman program is federally mandated through the Older Americans Act.

## **Medicaid (TITLE XIX of the Social Security Act)**

A Federal and State funded health care program for eligible persons. To be eligible a person must meet income and assets limits, and be aged, blind, disabled, a member of a family with dependent children, or a pregnant woman. Some people are covered by both Medicare and Medicaid. Administered by the Division of Medical Assistance in the North Carolina Department of Health and Human Services, the program provides medical care for qualifying recipients. Applications for Medicaid are made through the County Department of Social Services.

## **Medicare**

A Federal health insurance program for persons aged 65 and over who are eligible for Social Security or Railroad Retirement benefits and for some people who are disabled regardless of age. There are two parts: Part A is hospital insurance which is automatic, for those eligible, and Part B covers the physician and other services. Part B is voluntary and requires a monthly premium.

## **Nursing Facility (NF)**

A state-licensed residential facility with staff and equipment to give 24 hour a day nursing care and/or rehabilitation services and other health related services

## **Respite (*pronounced res' pit*)**

Provides needed relief to primary caregivers of individuals who cannot be left alone because of mental or physical problems. Private pay only; not covered by Medicare or Medicaid.

## **Secured Special Care Unit**

Designed to allow freedom of movement within a safe and secure setting, to those with Alzheimer's and other forms of memory impairment.

*The following information has been provided by the communities and facilities...*

**Accordius Health at Aberdeen**

**915 Pee Dee Road  
Aberdeen, NC 28315  
910-944-8999 (phone)  
910-944-0809 (fax)**

Accordius Health at Aberdeen strives hard to create an environment more like home for the residents and their loved ones. The facility provides activities on a daily basis for the residents. Accordius Health at Aberdeen holds Care Plan Conferences and Family Council meetings for the residents' loved ones. The facility also provides Resident Council meetings for the residents to attend. Accordius Health at Aberdeen has Private and Semi-Private rooms to offer the residents. Accordius Health at Aberdeen accepts Medicare, Medicaid, Hospice, private payment, and private insurance. The facility offers Respite and Hospice care when needed. Services that come into Accordius Health at Aberdeen are: On-site Dental, Ophthalmology Consultants, and a Beauty Salon that provides services to males and females by appointment only. Cable television, and telephone services are available to residents upon request. On-site Rehabilitation department is available to residents who require Speech, Physical, and Occupational Therapy. For residents who suffer from Alzheimer's and Dementia, Accordius Health at Aberdeen has a secure memory care unit. Located in the secure memory care unit are trained staff and an Activities Director to accommodate the needs of residents with Alzheimer's and Dementia. Accordius Health at Aberdeen offers Skilled Nursing Care and Assisted Living Care

**Peak Resources - Pinelake Health and Rehabilitation Center**

**801 Pinehurst Avenue  
Carthage, NC 28327  
910-947-5155 (phone)  
910-947-5631 (fax)**

Peak Resources - Pinelake Health and Rehabilitation Center is a skilled, rehabilitative and assisted care facility with 90 beds for their special residents. Peak Resources - Pinelake Health and Rehabilitation Center mission is to provide the highest level of quality health care and rehabilitation services to residents in our skilled nursing centers in a cost-effective manner. We are dedicated to the delivery of quality services to our residents, comfort to their families and providing a rewarding working environment for our employees.

**Pinehurst Health & Rehabilitation Center**  
**300 Blake Blvd.**  
**Pinehurst, NC 28374**  
**910-295-6158 (phone)**  
**910-295-1438 (fax)**  
**Skilled Care & Assisted Living**

We have been a committed member of the Sandhills for over 25 years – and counting! Providing both long and short term skilled nursing care, with an on-site Medical Director and highly trained Nursing Staff – families and medical professionals alike have confidence in our care.

Pinehurst Health & Rehab is a 159 bed facility that prides itself in its team of Social Workers, Activity professionals and Therapeutic teams, who are known for their creativity and diligence. Our Wound Care Program and Restorative Nursing Programs successfully aid Moore County residents into increased independence and health.

**The Greens at Pinehurst Rehabilitation & Living Center**  
**205 Rattlesnake Trail**  
**Pinehurst, North Carolina 28374**  
**910-295-1781 (phone)**  
**910-295-0858 (fax)**

The Greens at Pinehurst Rehabilitation & Living Center is a 120 bed Rehabilitation Facility that also provides Long Term Care. We are Medicare and Medicaid certified. We also accept private pay, private insurance, Hospice, and are the only facility with the Veteran's Administration Benefit contract. We provide Physical, Occupational and Speech Therapy (on Staff) and 24 hour skilled nursing services. We can provide IV therapy, wound vacs, tracheostomy care, feeding tubes (excluding NG tubes), dialysis care with local transportation, radiation care with local transportation, among other various services.

The Greens at Pinehurst Rehabilitation & Living Center also offers a separate Rehabilitation Unit consisting of 30 Medicare certified beds. Private and semi-private beds are available. Each room has cable and local telephone service provided. Dining is separate from our Long Term Care Facility. We offer transport locally and to Sanford for follow-up appointments.

The Greens at Pinehurst Rehabilitation & Living Center is located conveniently at 205 Rattlesnake Trail in Pinehurst, NC, approximately 1 mile from FirstHealth Moore Regional Hospital, Pinehurst Medical and Surgical Clinics. Please call 295-1781 for details.

## **Fox Hollow Assisted Living & Alzheimer's Care**

**190 Fox Hollow Road**

**Pinehurst, North Carolina 28374**

**910-695-0011 (phone) 910-695-1147 (fax)**

[www.foxhollowseniorliving.com](http://www.foxhollowseniorliving.com)

The moment you walk through the doors at Fox Hollow Senior Living you will feel at home; the friendly residents and professional team are welcoming to all. Fox Hollow is proudly owned by Five Star Senior Living. The team of longevity at Fox Hollow strives to provide their residents with a wonderful quality of life by offering personalized fine Assisted Living and Dementia/Alzheimer's Care with a monthly rental agreement and several floor plan options. Three meals including All Day Dining, snacks, housekeeping, laundry, linen, transportation, activities and cable are included in the monthly rent. Assistance is available for medication management, bathing, dressing, cueing, reminders and more. The on-site Physical and Occupational Therapist offer therapy 5 days a week which is a great way to recover or maintain that independence we each desire. The beautician at Fox Hollow takes pride in pampering each resident. The Fireside Parlor rooms the baby grand piano which sets the tone for a good book or scheduled live entertainment. For those who enjoy nature the grounds boast an expansive assortment of plantings, blooms and bird houses. Any sunny day you are sure to find a resident enjoying a rocking chair on the patio. We welcome you to visit Fox Hollow to experience the Five Star way.

## **Seven Lakes Assisted Living and Memory Care**

**292 Macdougall Drive**

**West End, NC 27376**

**(910) 673-2045 Office**

**(910) 673-3738 Fax**

Make this the season to turn over a new leaf in your life with Sandhills Memory Care. Sandhills Memory Care is a newly renovated, secure facility that caters to the needs of Alzheimer's and other dementia related individuals. Our compassionate staff is ready to enjoy your life with you 24 hours a day, 7 days a week. Sandhills Memory Care provides Free Cable, 24 Hour Personal Assistance, Commercial Laundry On-Site, Housekeeping, Medicaid or Private Payment, On-Call Physician Services, Planned Activities & Events, Physical & Medial Assistance, Private & Shared Baths, Resident Transportation, Private & Companion Room Accommodations, Salon & Hair Stylist and Telephone hook ups.

**TerraBella Assisted Living & Alzheimer's Care**  
**101 Brucewood Road & 115 Brucewood Road**  
**Southern Pines, NC 28387**  
**910-692-4928 & 910-695-1277**

TerraBella Southern Pines delivers a rich and supremely resident focused lifestyle, complete with superb dining, daily recreational activities, personalized health and wellness, and exceptional care and service. It's all part of a more satisfying, worry-free lifestyle that can only be found right here! TerraBella's campus in Southern Pines houses an assisted living community plus Moore County's only free-standing Alzheimer's community. Both communities are single story residences. We are also Pet Friendly!

We proudly offer six, exclusive lifestyle programs designed to improve health and lifestyle quality, reduce stress, and provide a host of modern conveniences. Our exclusive lifestyle programs add a layer of value that's unique to TerraBella and are all the more reason to come explore our community for yourself or a loved one today! Weekend and evening tours can be set up for your convenience.

**Penick Village**  
**500 E. Rhode Island Ave**  
**Southern Pines, NC 28388**  
**910-692-0300 (phone) 910-692-0346 (fax)**  
**[www.penickvillage.org](http://www.penickvillage.org)**

Serving seniors since 1964, Penick Village is a vibrant Life Plan community offering active lifelong living among independent living, assisted living, skilled nursing and more on one 38-acre campus.

Independent living options include apartments, cottage, and single family homes. Neighboring Weymouth and only a few blocks from downtown Southern Pines, Penick Village residents enjoy a beautifully wooded setting with many spending time outdoors walking and meeting with friends. Residents enjoy amenities like an on-site nutritionist and dedicated dining services team ensure that residents at all levels of service dine with an array of delicious options, while the full-time personal trainer provides personalized plans needed to live an active lifestyle. The Village House is the hub of the community, featuring a restaurant, bar, and a café. The café is outfitted with a top of the line espresso machine and offers a selection of pastries, sandwiches, and salads. A library, salon, movie theater, chapel, game rooms and meeting spaces round out the Village House's amenity offerings. Coming from an Episcopalian heritage, the chapel and their in-house chaplain welcome those of all walks of life and faith.

Penick's apartment and healthcare buildings, along with the Village House, all have full back-up generator power. Penick Village employs an in-house IT team that works with staff and residents on everyday technology needs powered by recently installed fiber optics. As Penick Village continues to grow their population, they hope to foster the same sense of love, community and inclusivity that's reflected in their mission statement — "We are a family creating a loving community by making each day great for one another."

## **Quail Haven Village**

**155 Blake Blvd.**

**Pinehurst, NC 28374**

**910-295-2294 (phone)**

**910-295-2379 (fax)**

Quail Haven Village is a rental continuing care retirement community with a nonrefundable working capital fee and a monthly service fee. The monthly services fee covers a spacious apartment with weekly housekeeping, home maintenance, lawn care, activities, meal program, 24-hour security, and all utilities except telephone. Residents may request additional services from our licensed home care agency or request support from our professional nursing team on a fee-for-service basis.

The Inn at Quail Haven Village, our on-site licensed nursing facility, provides nursing and therapy services to Quail Haven Village residents and the community. Fifty (50) rooms are private and five (5) rooms are semiprivate. All sixty (60) beds are certified for Medicare funding, while thirty-five (35) beds are certified for Medicaid funding. Call 910-295-2294 to discover how the Quail Haven Village personal touch is the lifestyle difference you have been looking for.

## **St. Joseph of the Pines**

**100 Waters Drive**

**Southern Pines, NC 28387**

**910-246-1008 (phone)**

**910-246-1204 (fax)**

[www.sjp.org](http://www.sjp.org)

St. Joseph of the Pines Health System provides senior living and health care services to the Sandhills region of North Carolina and includes The Health Center, which features short- and long-term skilled nursing, short-term rehabilitation, and memory support. Assisted living is also provided on the same campus at The Coventry. Independent, continuing care retirement living is offered at Belle Meade, The Villas, and the upcoming Overlook at Pine Knoll. Affordable, independent senior housing is also available at Providence Places I-V in Aberdeen and Red Springs, NC. Through St. Joseph's Life Care Plan, which is exclusive to Belle Meade, residents may access health care at all facilities within St. Joseph of the Pines Health System with minimal additional cost. As a not-for-profit organization, St. Joseph of the Pines is a member of Catholic Health East, a multi-institutional Catholic health system with facilities located in 11 eastern states.

## **Moore County Nursing and Adult Care Home Community Advisory Committee**

This committee is comprised of local citizens who are appointed by the Board of Commissioners.

They serve on the committee as volunteers at the grassroots level and are advocates for residents living in long term care facilities, ensuring that their rights are respected.

To report a concern or problem, please contact committee chairman, Sandy Nusbaum at 910-684-8246.

## **Websites**

Moore County Department of Aging.....<https://www.moorecountync.gov/aging>

Centers for Medicare and Medicaid  
Services.....[www.cms.hhs.gov](http://www.cms.hhs.gov)

Division of Health and Human Services/  
Long Term Care in North  
Carolina.....[www.dhhs.state.nc.us/ltc](http://www.dhhs.state.nc.us/ltc)

Medicare.....[www.medicare.gov](http://www.medicare.gov)

National Alzheimer's  
Association.....[www.alz.org](http://www.alz.org)

NC Department of Insurance Senior Health Insurance Information Program  
(SHIIP).....[www.ncdoi.com/consumer/shiip/shiip/.asp](http://www.ncdoi.com/consumer/shiip/shiip/.asp)

Long Term Care  
Ombudsman.....[www.tjaaa.org/ltc/ombudsmen.htm](http://www.tjaaa.org/ltc/ombudsmen.htm)