



# Moore Epi - Notes

**A quarterly newsletter for healthcare providers in Moore County**



## Health and Traveling

Travelers should visit a healthcare provider at least 4-6 weeks before the start of travel, in order to receive any needed vaccines or medications.

The vaccines and medications recommended for travel are specific to the individual who is traveling, and can vary depending on a variety of factors.

If required for travel, the yellow fever vaccine can only be administered by an authorized facility with a registered provider. Moore County Health Department is an authorized US yellow fever vaccine center.

## Confirmed Reportable Cases

The following confirmed/probable cases of disease were reported by Moore during the 4th quarter of 2015

- Chlamydia: 72
- Gonorrhea: 8
- Hepatitis B, Chronic: 3
- Cryptosporidiosis: 4
- HIV: 1
- Haemophilus influenza, invasive disease: 1
- TB, Latent: 8
- Salmonella: 10
- Campylobacter: 2

### Smoke-free in 2016

Many people will make a resolution to quit smoking for the new year, and there are free resources available that can help!

- Quitline NC: 1-800 –QUIT-NOW (1-800-784-8669) or 1-855-335-3569 for Spanish speakers.

Telephone service for Quitline is toll-free and available 24/7.

- Smokefree.gov: <http://smokefree.gov/>

Smokefree.gov gives free advice, and helps individuals formulate a plan to quit smoking for good.

### Moore County Health Department:

**910-947-3300**

**Communicable Disease Nurse  
confidential fax:  
910-947-2480**

**After Hours/Weekend Reporting:  
910-947-2911 (Ask to have the  
Health Director or his designee  
paged.)**

*Please remember to report communicable diseases to the Health Department. Accurate reporting helps to stop the spread of disease and helps us to gain knowledge about the health of our community.*

*Moore County Health Department is committed to ensuring county healthcare providers access to countywide disease data summaries to inform patient care.*