

County of Moore
Department of Health
705 Pinehurst Avenue • P.O. Box 279
Carthage, North Carolina 28327

Robert R. Wittmann, M.P.H.
Director

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Release: Immediate
Contact: Candy Davis, Nutrition/WIC Director
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WIC Program Provides Nutrition Services for Women, Infants, and Children

More families than ever are finding it hard to put healthy food on their dinner tables. For young children, a lack of good nutrition can put them at risk for health problems and problems in school. The North Carolina WIC program helps low-income families meet the nutritional needs of pregnant and post-partum women, infants and children up to age 5.

WIC, the Special Supplemental Nutrition Program for Women, Infants, and Children offers families nutrition education, breastfeeding support, nutritious foods, and referrals to health care and community resources.

"The current economy has created financial hardships for an increasing number of families", said Candy Davis, Nutrition/WIC Director. "We want to make sure residents are aware of the services provided and encourage them to enroll if they are eligible for the program."

In order to be eligible for WIC, a person must:

- Be a pregnant woman; a breastfeeding woman who has had a baby in the last 12 months; a woman who has had a baby in the last six months; or a child up to the fifth birthday;
- Reside in North Carolina and in the health delivery area of the WIC agency;
- Meet the income eligibility scale - All Medicaid, Food and Nutrition Services and Work First recipients meet the WIC income eligibility criteria; and
- Have an identified nutritional risk as determined by a health professional. Nutritional problems include anemia, poor growth, previous poor pregnancy outcome, inadequate dietary intake and other nutrition related health problems.

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<http://www.moorecountync.gov/health/>

Environmental Health
Telephone: 910-947-6283
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Animal Center
Telephone: 910-947-2858
Fax: 910-947-5952

WIC
Telephone: 910-947-3271
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WIC is considered one of the most successful social service and public health initiatives in the nation. Numerous studies have shown participation in WIC to be associated with improved nutritional status of pregnant women, breastfeeding mothers and young children as well as a reduction in low birth weight, pre-term delivery and fetal death.

In Moore County, the WIC Program is available at the Moore County Health Department located at 705 Pinehurst Avenue, Carthage. For information about the WIC Program or to make an appointment please call 947-3271.

This institution is an equal opportunity provider.

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